

DSAC2026
Delhi Shoulder Arthroplasty Course

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DELHI SHOULDER ARTHROPLASTY COURSE

An International Academic
Program Focused on Shoulder
Arthroplasty



New Delhi

31st July – 2nd August 2026

WELCOME MESSAGE

Dear Delegates,

It is our great pleasure to welcome you to the Delhi Shoulder Arthroplasty Course and Cadaveric Workshop. We are delighted to have you join us for this focused academic program dedicated to one of the most rapidly advancing domains in orthopaedic surgery.

Shoulder arthroplasty has evolved significantly in recent years, driven by advances in implant technology, biomechanics, surgical techniques, and outcome-driven protocols. Keeping pace with these developments is essential for achieving consistent, reproducible, and functionally rewarding results. This course has been thoughtfully structured to provide a comprehensive understanding of contemporary concepts, indications, and surgical strategies in shoulder arthroplasty.

A major strength of this program is the cadaveric workshop, which offers participants a rare opportunity to gain hands-on experience in a controlled learning environment. Direct exposure to surgical anatomy, stepwise procedural execution, and expert guidance allows for meaningful skill acquisition and confidence building. Such experiential learning is invaluable in translating theoretical knowledge into safe and effective clinical practice.

The academic agenda combines focused lectures, case-based discussions, surgical tips and tricks, and practical demonstrations by an experienced faculty. We are confident that this program will be academically enriching and professionally rewarding, equipping you with insights and skills that can be directly applied in your practice.

We wish you a highly productive learning experience and hope this course contributes significantly to your continued growth in shoulder surgery.

Course Directors



Dr. Priyadarshi Amit
New Delhi



Dr. Shashank Misra
New Delhi

Organised by Discussmed Wellness Foundation

FACULTY

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Aberdeen, UK



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New Delhi



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Pune



Dr. Vikas Gupta
New Delhi



Dr. Vinod Kumar
New Delhi



Dr. Vishwadeep Sharma
New Delhi

SCIENTIFIC PROGRAM

31st July 2026 – Day 1 – Basic Course

09:00 – 09:10 Welcome Address

09:10 – 10:10 Basic Sciences & Proximal Humerus Fractures

- Reversing the joint – Why was it needed & How did we do it ?
- Medialized vs lateralized RSA – How the distance affects the outcome ?
- PHF – When do I consider Hemi?
- Hemiarthroplasty – Tips to Get It Right Every Time
- How is fracture RSA different from CTA RSA ? Key principles and Implant design
- Q & A

10:10 – 11:00 Technical Pearls (Video)

- Surgical approach – Delto-Pectoral
- Surgical approach – Deltoid Split
- How to get picture perfect Glenoid exposure ?
- How to repair Tuberosities during Fracture – RSA ?
- Subscapularis Handling – Release and repair
- Common causes of Instability in RSA – How to assess and correct them before closure?
- Q & A

11:00 – 11:15 Coffee Break

11:15 – 11:35 Re-Live Surgery

- Hemiarthroplasty for Proximal Humerus Fracture

11:35 – 12:40 Panel Discussion

- Case 1: Four part proximal humerus fracture dislocation in 50-years-old man
- Case 2: Displaced two part PHF in 80-years-old lady
- Case 3: Non-union surgical neck PHF at 70-years-old man
- Case 4: Failed PHILOS
- My Selective approach to Proximal Humerus Fractures

12:40 – 01:00 Re-Live Surgery

- RSA for Proximal Humerus Fracture

01:00 – 02:00 Lunch & Visit to Exhibition

01:40 – 02:00 Industry Workshop

- Advanced Humerus Nailing for 4-part PHF (Miraclus)

02:00 – 02:40 Total Shoulder Arthroplasty

- Surgical principles in TSA – From Exposure to Implantation
- How to avoid Glenoid Loosening in TSA ? Technical pearls!
- How to avoid Early Cuff Failure in TSA ? Technical pearls!
- Q & A

02:40 – 03:00 Re-Live Surgery

- Stemless Anatomic TSA for Glenohumeral Osteoarthritis

03:00 – 03:40 Reverse Shoulder Arthroplasty

- Why is RSA gaining the number game....and TSA losing ?
- Anatomic or Reverse ? When the cuff is intact on MRI
- Ideal RSA & The Role of VIP
- Q & A

03:40 – 04:00 Re-Live Surgery

- RSA for Cuff Tear Arthropathy

04:00 – 05:00 Panel Discussion

- Case 5: Post-latarjet arthritis in 50 years with A1/A2 glenoid
- Case 6: Failed rotator cuff repair in 58-years-old lady
- Case 7: Severe OA with intact cuff at 68-years-old man
- Case 8: Massive cuff tear without OA in 75-years-old man

05:00 – 05:30 Coffee Break

05:30 – 07:30 Industry Workshops

- 05:30 – 06:15 Shoulder Arthroplasty Workshop (Zimmer Biomet)
- 06:15 – 07:00 LEAP 2026: Leaders in Shoulder Arthroplasty Practice (Arthrex)
- 07:00 – 07:30 The Shoulder Instability Solution – Latarjet Precision Lab (Biotec)

08:00 – 10:00 Course Dinner

1st August 2026 - Day 2 - Advanced Course

07:45 - 08:30 Industry Workshop

- Blueprint Planning Workshop (Stryker)

09:00 - 09:20 Re-Live Surgery

- RSA using 5D Calibrator

9:20 - 10:25 Complex RSA

- RSA for proximal humerus fracture sequelae - challenges & Strategies
- RSA with absent or non-healed tuberosity - challenges & Strategies
- RSA in failed PHF plating - challenges & Strategies
- B2/B3/C Glenoid - Strategies to achieve ideal baseplate fixation
- Tendon transfer around RSA - Why When & How
- How Robotics & AI can help in problem cases?
- Q & A

10:25 - 10:45 Re-live Surgery

- RSA in B2 Glenoid

10:45 - 11:00 Coffee Break

11:00 - 12:00 Panel Discussion

- Medialize or Lateralize: The RSA Dilemma
- Case 9: Severe OA with B2 Glenoid in 55-years-old man
- Case 10: Cuff tear arthropathy with severe anterosuperior escape in 76-years-old lady

12:00 - 01:00 RSA Complications

- Instability post RSA - Prevention & Management
- Periprosthetic Humerus Fracture - Watch, Fix or Revise?
- RSA and Acromion - Preventing and managing stress fractures
- Step by step approach to manage infection in RSA
- How to avoid 'drop arm' post RSA ?
- Q & A

01:00 - 02:00 Lunch & Visit to Exhibition

02:00 - 02:20 Re-Live Surgery

- Computer navigated RSA

02:20 – 03:00 Revision RSA

- How to manage humerus bone loss – Standard stem or APC or Megaprosthesis
- How to manage glenoid bone loss in revision setting
- Revision RSA in failed Hemi or TSA – challenges & strategies
- Q & A

03:00 – 03:20 Technical Pearl (Video)

- Revision RSA from failed TSA – Tips & Tricks

03:20 – 04:20 Panel Discussion

- Case 11: Failed RSA with humeral bone loss
- Case 12: Failed RSA with glenoid base plate loosening
- Case 13: Periprosthetic fracture with infection
- Case 14: Dislocated RSA

04:20 – 04:50 Case Discussion

- My nightmare revision cases

04:50 – 05:00 Closing Remarks

2nd August 2026 – Day 3 – Cadaveric Course

09:00 – 09:30 Registration

- 09:30 – 10:00 Demonstration
- 10:00 – 10:45 Q & A

10:45 – 11:00 Coffee

- 11:00 – 01:00 Wet Lab / Dry Lab

01:00 – 02:00 Lunch

- 02:00 – 04:00 Dry Lab / Wet Lab

COURSE VENUE

Hotel The Grand

Nelson Mandela Marg, Pocket 4, Vasant Kunj II, New Delhi, 110070



How to reach course venue -

VIA FLIGHT

Arrive at IGI Airport (DEL) – Take a cab (15–20 minutes)

VIA TRAIN

Arrive at New Delhi Railway Station – Take a cab (30–45 minutes).

VIA CAR

Take NH-48 (Delhi–Gurgaon Expressway) – Use Google Maps for the Hotel.

VIA METRO

Take Yellow Line till Chhatarpur or Vasant Vihar – Take a cab (10–15 minutes).

CADAVERIC WORKSHOP VENUE

Amrita Institute of Medical Sciences & Hospital

Mata Amritanandamayi Marg, Sector 88, Faridabad



How to reach course venue -

VIA CAR

Reach NH-19 (Delhi–Mathura Road) – use Google Maps for the hospital.

VIA METRO

Take Violet Line till Sector 28 Metro Station – Take a cab (10–15 minutes).

AFTER REACHING AMRITA HOSPITAL

Enter through the main entrance (Atrium) – Report to Reception –
Follow Yellow line – Proceed to First Floor using Lift number 56 –
Follow signage to reach the 'Cadaveric Workshop Area.

REGISTRATION

Registration Fee

Category	Early Bird*	Regular
DOA / SESI / Members	6000	8000
Non-members	8000	10000
Cadaveric workshop**	12000	

*** Available For First 50 Registration**

**** Limited seats for Cadaveric Workshop**

Payment to be made via bank transfer or UPI

Account details

Account Name – Discussmed Wellness Foundation

Bank Name – Kotak Mahindra Bank

Branch Name – Shalimar Bagh

Account No. – 9319191250

IFSC – KKBK0004571

UPI Id – Discussmed9319191250@kotak

For any inquiries/details

kindly contact : Conference Secretariat [+ 91-9220433391]



REGISTER HERE -


<https://dsacourse.com/#register>


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Course Organizers

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All payments are to be made 30 days before the event.

*GST filing to be done by the sponsor over and above the sponsorship amount.

*The payment can be made via Demand Draft or Cheque in favour of Discussmed Wellness Foundation, payable at Delhi.

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